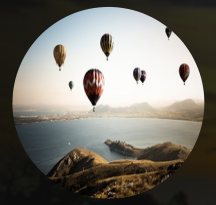
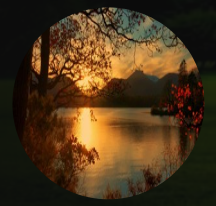
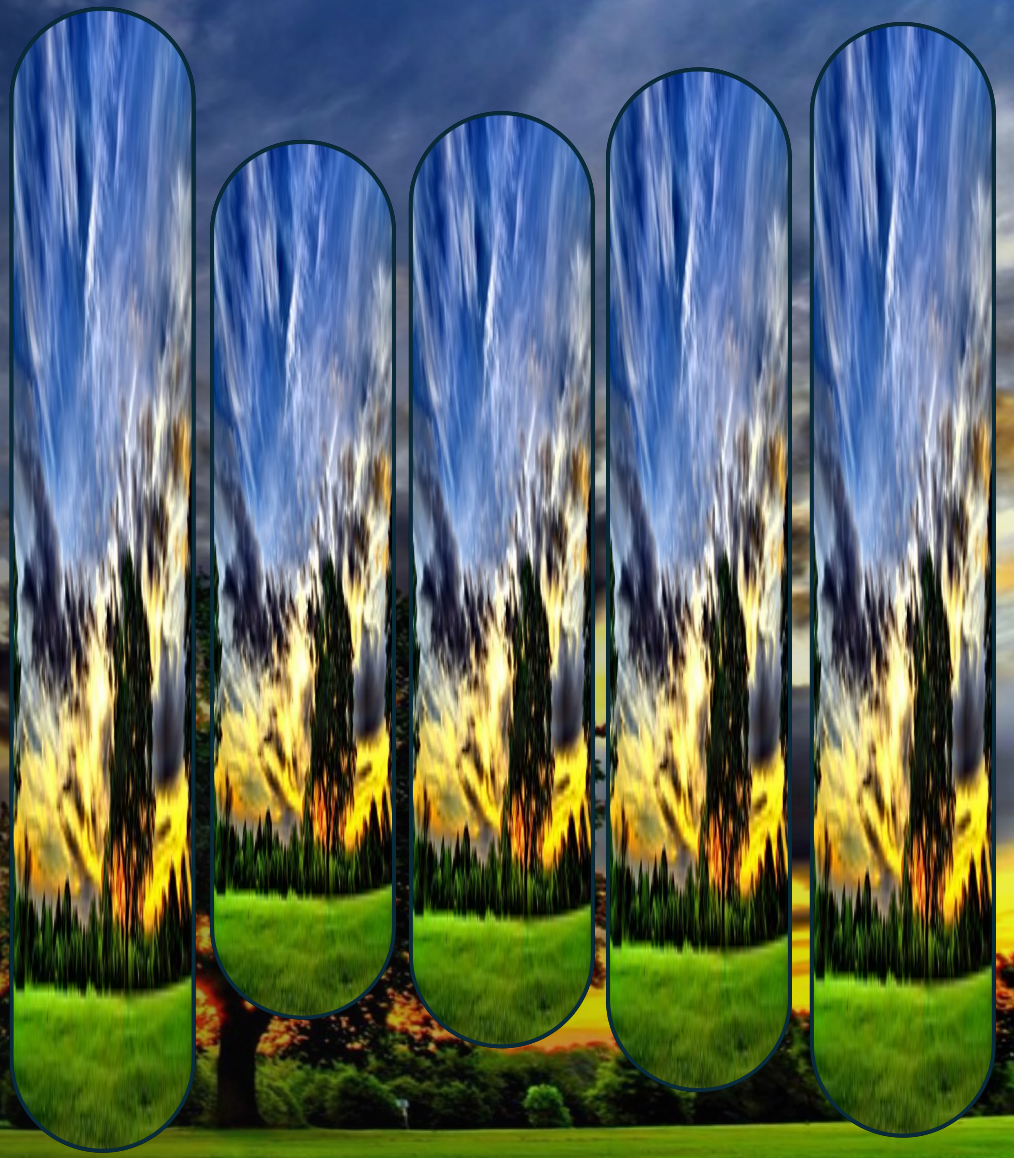
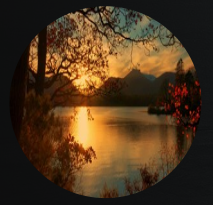
END OF THE DAY

“If you want happiness for an hour—take a nap. If you want happiness for a day—go fishing. If you want happiness for a year—inherit a fortune. If you want happiness for a lifetime—help someone else.” —Chinese Proverb



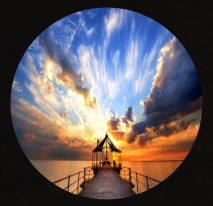






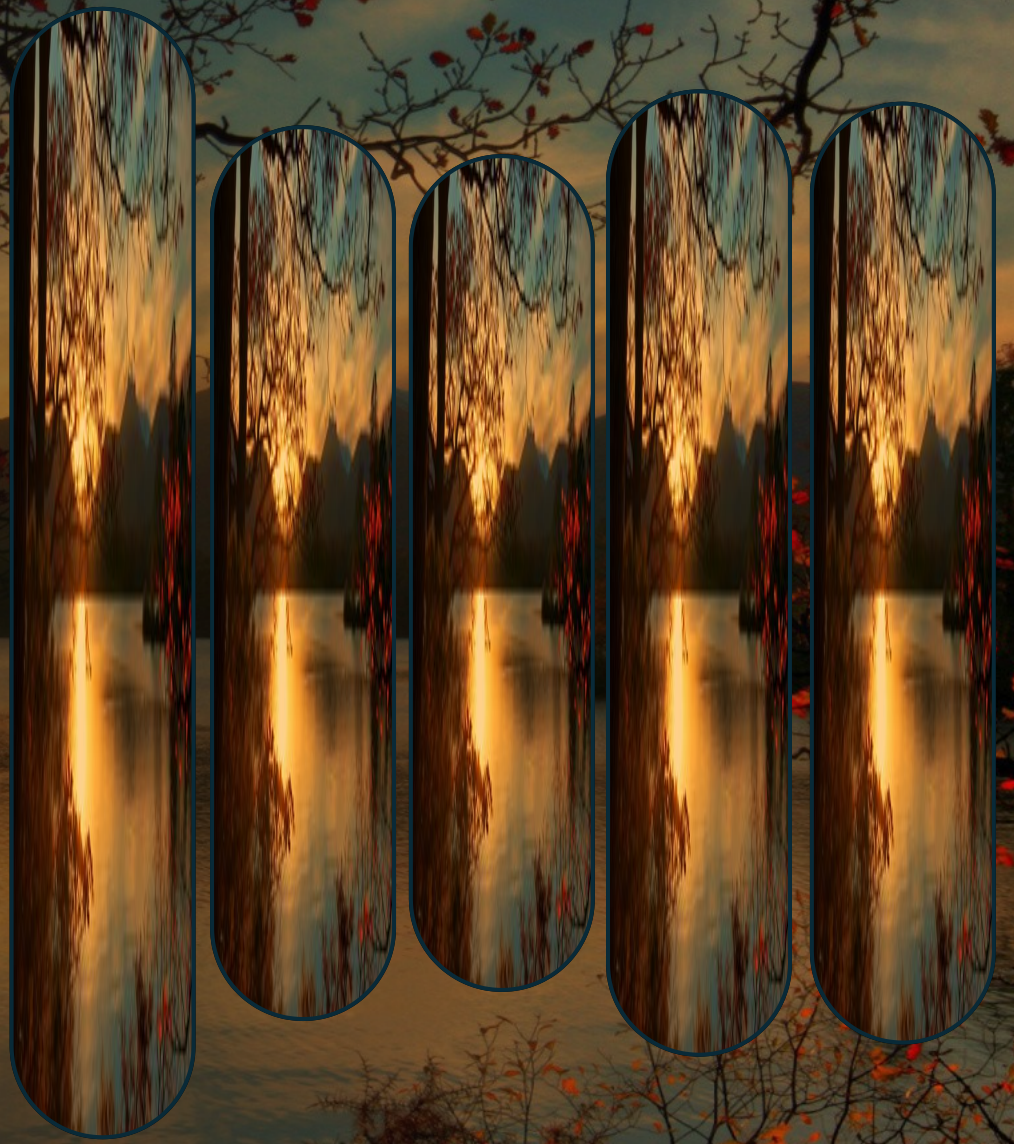
END OF THE DAY

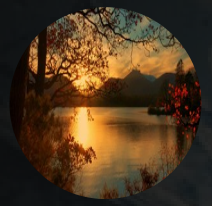
"If you look to others for fulfillment, you will never be fulfilled. If your happiness depends on money, you will never be happy with yourself. Be content with what you have; rejoice in the way things are. When you realize there is nothing lacking, the world belongs to you." —Lao Tzu



END OF THE DAY

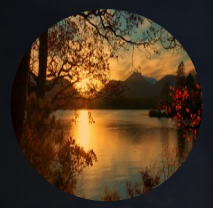
“Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habits. Watch your habits; they become character. Watch your character; it becomes your destiny.” – Lao-Tzu





END OF THE DAY

"At the end of the day, remind yourself that you did the best you could today, and that is good enough."
– Lori Deschene
"Life is very interesting... in the end, some of your greatest pains become your greatest strengths."
– Drew Barrymore



END OF THE DAY

“There are two types of people who will tell you that you cannot make a difference in this world: those who are afraid to try and those who are afraid you will succeed.”
– Ray Goforth

END OF THE DAY

"My friends, love is better than anger. Hope is better than fear. Optimism is better than despair. So, let us be loving, hopeful, and optimistic. And we'll change the world."
– Jack Layton

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